Time	Monday		Tuesday		Wednesday		Thursday		Friday		Time
	West	East	West	East	West	East	West	East	West	East	
4:00 - 4:15	Flood	Flood	Flood	Flood			Flood		Flood	Flood	4:00 - 4:15
4:15 - 4:30	Novice Red	Figure Skating	Figure Skating	MMH Spare	Flood	Flood	Novice Black	Flood	Figure Skating	Pre Novice	4:15 - 4:30
4:30 - 4:45					Pre Novice	Novice White		Figure Skating			4:30 - 4:45
4:45 - 5:00											4:45 - 5:00
5:00 - 5:15				Flood						Flood	5:00 - 5:15
5:15 - 5:30				Atom Gold	Bantam Silver					Figure Skating	5:15 - 5:30
5:30 - 5:45											5:30 - 5:45
5:45 - 6:00	Flood						Flood				5:45 - 6:00
6:00 - 6:15	Atom Bronze Black	Flood				Flood	PW Gold		Flood		6:00 - 6:15
6:15 - 6:30		PW Girls				Atom Bronze Red			Rec. Hockey (Grade 9 & up)		6:15 - 6:30
6:30 - 6:45			Flood							Flood	6:30 - 6:45
6:45 - 7:00			PW Bronze							Public Skating	6:45 - 7:00
7:00 - 7:15				Flood	Flood						7:00 - 7:15
7:15 - 7:30				PV Hawks game / practice	PV Hawks game / practice						7:15 - 7:30
7:30 - 7:45	Flood						Flood	Flood			7:30 - 7:45
7:45 - 8:00	Thunder game / practice	Flood				Flood	Redskin / Thunder game / Rec Dept Allocat'n	Bantam Girls	Flood		7:45 - 8:00
8:00 - 8:15		Bantam Bronze	Flood						Redskins, Thunder or PV Hawks game/practice	Flood	8:00 - 8:15
8:15 - 8:30						Midget Girls				Knuckles Bush League	8:15 - 8:30
8:30 - 8:45			Redskins game / practice								8:30 - 8:45
8:45 - 9:00				Flood	Flood						8:45 - 9:00
9:00 - 9:15				Midget Boys	Thunder practice			Flood			9:00 - 9:15
9:15 - 9:30											9:15 - 9:30
9:30 - 9:45	Flood	Flood				Flood					9:30 - 9:45
9:45 - 10:00	Screamin Eagles	Female Hockey					Flood	Budzz			9:45 - 10:00
10:00 - 10:1			Flood				Rental			Flood	10:00 - 10:15
10:15 - 10:3			Shinny		Rental				Flood	NAIA	10:15 - 10:30

2009/2010